

# Volunteer

DISCOVER THE SATISFACTION OF **HELPING OTHERS**



*Now you can make  
a difference in the  
lives of others.*



## Who Needs Your Help?

F·E·G·S offers services that heal, comfort, educate, rehabilitate and strengthen the community. We help people of all ages –

- Children who have been victims of family violence
- Homebound and frail elders
- Families struggling with financial crisis
- Those with mental, physical, developmental and emotional challenges.

They can all benefit from the kind of personal, hands-on help you can provide.

## How Can You Help?

**Adopt-A-Family** offers individuals, families or groups of volunteers, the opportunity to make a personal connection.

Volunteers are matched with families across Long Island facing a variety of challenges. “Adopted” families are assisted monthly with groceries, gently used clothing, personal care items, holiday gifts, companionship and more.

**TO VOLUNTEER CALL:**  
**516.496.7550** or Email:  
[dweiss@fegs.org](mailto:dweiss@fegs.org)

F·E·G·S Long Island Services  
6900 Jericho Turnpike, Suite 309  
Syosset, NY 11791

# F·E·G·S

HEALTH AND HUMAN SERVICES SYSTEM

*Long Island Services*

PARTNERSHIPS FOR A CHANGING WORLD<sup>®</sup>  
BRINGING RESOURCES TO PEOPLE AND BUSINESS<sup>™</sup>

**UJA** Federation  
of New York

